

PART
TWO

THE OBJECT
EXERCISES

g musician, a singer or a dancer
at he is presented with specific ex
cides to pursue his chosen art

loved ones and en
things a human bein
of.

10 A.M. on Septem
We're in the middle
campaigns. Vietnam
are on the morning n
very still. The light

many typos.

get what I

I type. I make typos.
I light a cigarette a
the ashtray. I battle
I battle with order. I t
outdoors, and sniff t
yell at the poodles. I
tences with clarity. I d

which he prayed to God in a ca-
tain, fired several shots, stagger-
in front of the Madonna. Don't let
t a discovery of your behavior u-
then fulfilling a precise need. To
colleagues that you are alive wi-
for two minutes—that this neve-
of the preciseness and detail of
ou should aim for. If you can c

nces

Preparation and its in-
entrance

Dealing with the prob-
pation while searchi-
thing lost or mislaid

Wall

The guarantee of priv-
ing, not ignoring, th-

ct exercise places no emphasis on
problem. It simply should test yo
minutes of your life and bring it to