

The following are the weekly topics for your journal submissions. Remember to type your journal. It should be at least a page in length. Journals will be collected every Friday unless otherwise directed.

- Week one: Identify and discuss your three best qualities.
What is your character flaw?
What are your goals and dreams while at SBHS?
- Week two: What is your definition of a best friend? Identify and explain.
Describe your “perfect” day.
Which person in your life at this time is most annoying? Explain
- Week three: What are your three favorite movies of all time?
Which is worse, the guilt one feels when he or she has done something wrong and gotten away with it, or the facing up to the consequences when caught?
- Week four: What has been your most embarrassing moment to date?
What are your favorite foods?
Identify and discuss your three favorite books.
- Week five: Pets. Do you have any? Share your thoughts.
What is your most challenging subject in school? Explain.
How important are manners and etiquette? Are they lacking in our culture today?
- Week six: Who is the person you most admire? Explain.
Do professional athletes make too much money?
Cheating in school. How prevalent is it? How do you feel about it?
- Week seven: What is your favorite sport to play? What is the most enjoyable sport to watch?
If you could solve any world problem, which one would you choose?
What are your plans after finishing high school? What colleges are you interested in? What are possible careers?
- Week eight: If you had to live in an extreme climate, which would you choose: hot or cold?
Cell phones. Just how important are they? Can you function without one?
What is your favorite type of music?

Week nine: Are you a city mouse or a country mouse? In which environment do you thrive?
If your life's work required you to work with the young (toddlers and young kids) or the elderly (senior citizens), which would you choose?
The quarter ends this week. Assess your first quarter as a high school student. What is going well? Where are the problem areas?

You have survived your journal writing. A new homework activity begins in second quarter.

SECOND QUARTER

We begin our scripted vocabulary study. You will need to bring your blue Energizer book to class. Each week you will select a word from the ten featured in the lesson and find a picture that defines the word. Cut out the picture and paste it to an unruled piece of white or colored paper. Do not write anything on the picture side of the paper. On the back, write the following: the word, the definition, and a sentence that uses the word correctly as depicted on the front visual side of the paper. Presentation is important. Sloppy work not properly presented is unacceptable. We will continue this activity through second and third quarters until we finish both the blue and green vocabulary books.