

**ST. BONAVENTURE HIGH SCHOOL  
DANCE TEAM PRESENTS:  
YOUTH SUMMER DANCE CAMP**

This is a non-competitive camp emphasizing the fundamentals of performing on a dance team. All campers will receive individual attention from the SBHS Dance Team Members and Coaches. This camp is beneficial for students that are interested in continuing to dance in high school. Each participant will receive a camp t-shirt, certificate of completion and a photo. Students will learn three dances and learn proper stretches and conditioning.

Date and Time of Camp: **August 3, 4 and 5, 3:00-5:00PM**

Place: SBHS Gym

Application: Reservations must be received by **July 26, 2010** in order To guarantee shirt delivery on the first day of camp. *New Applications will be accepted on the first day of camp.*

Age Groups: Open to 1<sup>st</sup>-8<sup>th</sup> Graders as of September 2010

Cost: **\$60.00 (Make check payable to SBHS Dance)**

What to wear: Shorts, t-shirt, socks, tennis shoes or jazz dance shoes and Hair pulled up.

Contact: Dawn Norkewicz, Dance Coach, 648-6836 ext 114

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Please include \$60.00 and mail to SBHS Dance Clinic, 3167 Telegraph Rd, Ventura, CA 93003

PLEASE PRINT:  
STUDENT'S NAME \_\_\_\_\_ PARENT'S NAME \_\_\_\_\_  
AGE: \_\_\_\_\_ GRADE IN FALL 10 \_\_\_\_\_ SCHOOL \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
PARENT'S PHONE: HOME \_\_\_\_\_ WORK \_\_\_\_\_ CELL \_\_\_\_\_  
SHIRT SIZE: (Please circle one)  
YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE  
(Give credit to: \_\_\_\_\_, SBHS Dance Team Member)

**ST. BONAVENTURE HIGH SCHOOL  
CHEERLEADERS PRESENT:  
YOUTH SUMMER CHEER CAMP**

This is a non-competitive camp emphasizing the fundamentals of cheerleading. All campers will receive individual attention from the SBHS Cheerleaders and Coaches. This camp is beneficial for students that are interested in continuing to cheer in high school. Each participant will receive a camp t-shirt, certificate of completion and a photo.

*Students will learn: proper stretches, jump technique and progression, cheer game-actions, basic stunting, crowd involvement skills, cheer technique and routine, dance technique and routine, mock tryout and judging tips.*

Date and Time of Camp:     **July 5-8, 2010, 3:00-5:00PM**

Place:                             SBHS Gym

Application:                    Reservations must be received by **June 28, 2010** in order  
To guarantee shirt delivery on the first day of camp. *New Applications will be accepted on the first day of camp.*

Age Groups:                    Open to 1<sup>st</sup>-8<sup>th</sup> Graders as of September 2010

Cost:                             **\$60.00 (Make check payable to SBHS Cheer)**

What to wear:                 Shorts, t-shirt, socks, tennis shoes and hair pulled up.  
Everyone will be asked to wear their camp t-shirt with  
Black shorts on Tuesday and Thursday.

Contact:                         Dawn Norkewicz, Cheer Coach, 648-6836 ext 114

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Please include \$60.00 and mail to SBHS Cheer Clinic, 3167 Telegraph Rd, Ventura, CA 93003

PLEASE PRINT:  
STUDENT'S NAME \_\_\_\_\_ PARENT'S NAME \_\_\_\_\_  
AGE: \_\_\_\_\_ GRADE IN FALL 10 \_\_\_\_\_ SCHOOL \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
PARENT'S PHONE: HOME \_\_\_\_\_ WORK \_\_\_\_\_ CELL \_\_\_\_\_  
SHIRT SIZE: (Please circle one)  
YOUTH: SMALL MEDIUM LARGE    ADULT: SMALL MEDIUM LARGE  
(Give credit to: \_\_\_\_\_, SBHS Cheer Team Member)