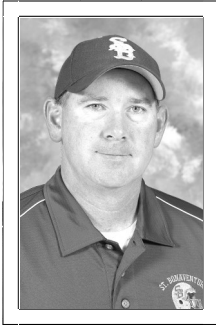


COACHING STAFF

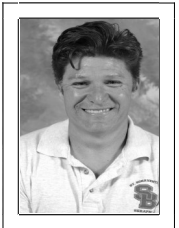


John Muller— Athletic Director
2nd-year athletic director at St. Bonaventure. Spent the last 8 years at Villanova Prep as the Head Football Coach and the athletic director for the last four years. Before that was an Assistant football and baseball coach at St. Augustine HS in San Diego. Has 17 years experience as a football coach, mostly working with the offensive line, and 10 years as a baseball coach



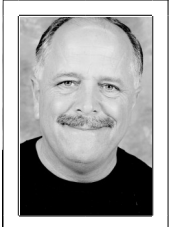
Mike Herrera-Track and Field

2nd Year Track and Field coach has enjoyed much success in his short stint as head track coach. He had 12 athletes place in the CIF-SS meet and had 2 boys relay teams qualify for the State Meet. He also coached the states # 4 Girls discuss thrower and the TVL Female Track and Field Athlete of the Year. Herrera came to SBHS after Humboldt St., La Verne and USC. He is no stranger to SB as he has also coached in the Football and Baseball programs.



Jim Ortiz-Cross Country

Ortiz completed his 2nd season as head XC coach following 2 years as head assistant. He led the Seraph Girls to CIF play-offs and Boys to a league championship in 2009. He brings many years of experience as a long distance runner both as an athlete and as a coach. He ran collegiately at UCLA and was a member of an NCAA championship team. He has previously coached at Viewpoint and Simi High Schools.



Jack Richards-Volleyball

Richards has led the Seraphs girls to three straight CIF play-off appearances in his 3 years at SBHS. He came to SB with outstanding credentials having been head coach at Buena HS for 10 seasons leading the Bulldogs to regional volleyball prominence. He posted a .656 winning pct and led the Bulldogs to 3 CIF-SS Semi-final appearances. In 2006, he was named a finalist for the Phil Jackson Positive Coaching Alliance Award. He is the former director of the Channel Islands Volleyball Club.

Katherine Kistler-Swimming



Dawn Norkewicz –Cheer/Dance

Norkewicz has been coaching the Seraph Cheerleading team since 1991 and started the Dance team in 2000. During that time many of the teams have competed at the national level, and the Seraph Mascots have won the USA National Title three times. Mrs. Norkewicz is a graduate of UCSB and teaches in the Fine Arts Department at SBHS as well as serving as moderator for ASB.



Vanessa Nichols-Lowe—Basketball

1st year coach Nichols-Lowe was a 4 year varsity starter at Santa Paula HS. She was 1st Team all League & 2nd Team All CIF. Vanessa then went to play for Ventura College, where she team captain her sophomore year. The Pirates were WSC Champions in 1994 and 1995 and went on to the California State Final 4. Vanessa ended her basketball career at the University of Redlands. Respect and responsibility are two important traits Coach Lowe expects of her Lady Seraph Basketball players on and off the court.. She began her coaching career at her alma mater Santa Paula HS.



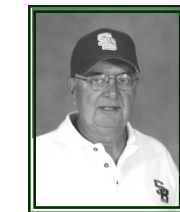
Sean Roche-Soccer

2nd-year Head Girl's Soccer Coach at SBHS. Also, currently the Men's Soccer Coach at Moorpark Junior College since 1999. Before that, Coach Roche was Buena Boys coach from 1978-1999. From 1980 through 1996 he was a Men's Assistant Soccer coach at Cal Lutheran University. For over the past 10 years he has been a Director of Coaching for club soccer at various levels and for the Past two years he has been the Director of Coaching for the Fusion. Since 1980 through the present Coach Roche has been the Coaching Instructor for CalSouth.



Bill Therrien-Softball

2nd year coach is no stranger to the SBHS Athletic program having assisted in the softball and football programs for over 10 years. Facing one of the strongest schedules in school history he led the Seraphs to within one game of a post season appearance in his debut season as head coach.



John Sepulveda-Tennis

Sepulveda comes to SBHS after an outstanding coaching career at Don Bosco Tech HS in Rosemead. At DBT, his teams won the league championship for five consecutive years with a record of 54-0 in league play and 78-2 overall. They were ranked in the top ten in their division and made the CIF-SS quarterfinals twice. He also coached the girl's varsity at Alhambra HS qualifying for the CIF-SS play-offs each year. He is also a retired AD @ DBT.



Jon Gomez-Golf

Gomez comes to SBHS as a local area teaching professional with 20 yrs of experience and is currently Director of Golf Instruction at Sterling Hills Golf Club. He previously coached at Santa Ynez High School and in Phoenix Arizona. He was the captain of his HS team at Hueneme and went on to play for Ventura College.



GIRLS ATHLETICS



St. Bonaventure High School offers Girls athletics in twelve different sports with a long tradition of success on the field and in the classroom. Our hope is that the St. Bonaventure Student-Athlete is able to enrich their high school experience by becoming a part of the Seraph Athletic program as a player, cheerleader, manager or active spectator. The term "STUDENT-Athlete" is very much a part of our athletic philosophy as success in the classroom always takes priority.

St. Bonaventure is a member of the Tri-County Athletic Association (TCAA) competing in both the Tri-Valley and Frontier Leagues.

In the Fall, St. Bonaventure offers Girls sports in Cross-Country, Golf, Tennis and Volleyball. Our Cross-Country offers competition at both the Varsity and Junior Varsity levels and has been highly successful in recent years including having a runner compete at the California State Championships. Our Girls Golf team continues to improve every year and is the "baby" of our sports program having been in existence for only 6 years. Our Tennis team has been thriving in recent years, winning two Frontier League championships and advancing to the finals of the CIF-SS

the CIF-SS play-offs three times since 2002, winning the title in 2002. Our Volleyball team plays in arguably the toughest league in our CIF division with 4 of the 7 teams being ranked in the Top 10 of last season's poll. The Seraphs finished ranked in CIF and advanced to the post-season in five of the past six seasons.

In the Winter, St. Bonaventure offer's Girls sports in Basketball and Soccer. Our Girls Basketball team is consistently ranked in the top tier of the league standings and advanced to the semi-finals of the CIF play-offs in 2005 and in 2009. Our Girl's Soccer team is one of the top programs in the TCAA. The team has captured six league titles and has advanced deep into the CIF play-offs on many occasions.

In the Spring, St. Bonaventure offers Girls sports in Softball, Swimming and Track and Field. Our softball team has won 5 league titles and has advanced to the CIF play-offs on a consistent basis advancing to the championship game in 2000. Our Swimming and Track and Field teams are run as co-ed teams in conjunction with the Boy's programs. Although they compete separately in the scoring aspect of the competition, they train and

Compete at the same time as the boys. Our award winning Cheerleading and Dance teams compete and perform on a year round basis. They cheer and perform at all of the football games and home Boys and Girls basketball games. They also compete in competitions in the spring and summer seasons.

If you have any questions feel free to contact the Athletic Office at (805)648-6836 ext 110 or ext 125.

ST. BONAVENTURE SERAPHS

CHAMPIONS IN LIFE

- 94 LEAGUE CHAMPIONSHIPS
- 13 CIF-SS CHAMPIONSHIPS
- 13 CIF-SS RUNNERS-UP
- 5 STATE CHAMPIONSHIPS

GIRLS ATHLETICS OFFERED

FALL
Cross Country
Golf
Tennis
Volleyball

WINTER
Basketball
Soccer
Cheerleading*
Dance*

* Cheer and Dance are year round activities

SPRING
Softball
Swimming
Track and Field

